



7TH ANNUAL #SILENTWALK&RUN

SATURDAY 16 SEPTEMBER 2023



Start and Finish: Marks Park Sports Club



Starting Time: 08h00



Distance: 5km



Compulsory registration on ENTRYTIME.CO.ZA.
Or download form on www.foundationneema.org

DISTANCE	ENTRY FEE
5KM	R150,00
	R65,00 Children Under 12

#SilentWalk&Run 2023 Activities

Deaf Tennis, Silent Aerobic, Silent Yoga, Kids Entertainment and all-new Heritage Fashion Show exclusive to Deaf people

DONATE R20 TO HELP DEAF VICTIMS OF GBV



+27 (0) 87 265 5175



info@foundationneema.org



@neemafoundationnpo



+27 83 702 0221



@foundationneema



www.foundationneema.org

NEEMA FOUNDATION FOR THE DEAF IS A REGISTERED PUBLIC BENEFIT ORGANISATION



5KM ENTRY FORM

PERSONAL INFORMATION

Donate R20 towards Deaf Victims of GBV

Yes No

(Please make tick boxes)

Surname:

First Names:

ID/Passport No:

Date of Birth:

Age on Race Day:

Disability Yes/No

Physical Address:

City/Town:

Postal Code:

Are Part of a Club Yes/No Please make tick boxes

If Yes, please provide club name

CONTACT NUMBERS

Telephone Home: Telephone Work:

Mobile: Email:

EMERGENCY CONTACT

Name: Surname:

Telephone:

Relationship: Mobile:

Email:

I declare that I am medically fit to walk and if I am under 18, my parent or legal guardian has signed to the effect that I have permission to enter entirely at my own risk. I understand that the organisers/sponsors shall not be responsible for any injury, loss or damage as a consequence of my participating in this event directly or indirectly. I understand that my entry is subject to the organiser's discretion and that after acceptance and in the event of cancellation the entry fee is not refundable.

Signature:

Date:

Parent or Guardian Full Names:

Relationship:

Signature:

Date:

RULES AND GENERAL INFORMATION

- Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- All participate at their own risk. Athletes acknowledge that by entering the event they are medically fit to participate.
- All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
- No seconding allowed.
- No blades, cyclist or mechanically operated devices allowed in the race.
- Wheel carts/prams, which are mechanically or manually operated by participants, or wheelchairs athletes will be permitted to participate without special permission granted by the race organiser. All such participants must start at the back of the field.
- No refunds.
- No earphones, iPods and similar devices are allowed, may lead to disqualification.
- The race organiser retains the right to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.
- Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge.
- Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter.

RACE ENQUIRES

Office Unit 4, 117 Langerman Drive
Kensington
Johannesburg
2094

Sms/WatsApp: +27 (0) 83 702 0221

Office +27 (0) 87 265 5175

Website: www.foundationneema.org

Email: info@foundationneema.org

MANUALLY-COMPLETED FORMS MUST BE SUBMITTED VIA THE EMAIL ADDRESS ABOVE

BANKING DETAILS

Account Holder: Neema Foundation NPC
Bank: Standard Bank
Account no: 022 537 694
Branch: Woodmead
Ref: Surname & ID Number