



a world class African city

City of Johannesburg
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Media Statement

Release: Immediate

Date: 21 June 2023

Vaccination and flu shots available at City clinics

Residents of the City of Johannesburg are being reminded that Covid-19 vaccines are still available from all municipal clinics minus the strict protocols that had to be followed during 2021.

Those who wish to be vaccinated can simply walk into their nearest clinic, produce an identity document and request to be vaccinated without an appointment. You will, however, still be monitored and counselled on the possible side effects including what to do if adversely affected by the vaccine.

During winter many people are prone to influenza as well and the flu vaccine is available at the clinics for free including all other services. The elderly above 65 years of age, people with chronic diseases including HIV, pregnant women in all trimesters are priority groups for the vaccine.

The City's healthcare workers are given flu vaccines to protect not only themselves but patients too. The vaccine is only available during the winter season. No person will be given the flu vaccine when having respiratory illnesses. Children under six months and those that have egg allergy are not given the vaccine.

Typical flu symptoms are:

Sudden onset of fever, chills, cough, headache, muscle and joint pain, sore throat and runny nose including vomiting and diarrhea sometimes.

It is advisable to seek medical attention when experiencing these symptoms. Get enough bed rest, finish the medication and drink plenty water.

Flu strains are not the same each year hence the importance of getting the jab every year for six to eight months of protection.

It takes about 10 to 14 days before protection from the influenza vaccine kicks in and no vaccine in the world is 100% preventative.

The peak season is between April and August but the Influenza disease is prevalent all year round in the country with outbreaks during summer.

A full list of clinics is on the city's website www.joburg.org.za under the Health Department icon.

Although the Covid-19 protocols are no longer enforced, it is prudent to wear a mask and social distance when sick or in crowded areas.

Health practitioners still encourage the thorough washing of hands and sanitising after making contact with other people.

Ends

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